Launching into a Brighter Future

2018-2019 ANNUAL REPORT TO THE COMMUNITY

NEW ST. PAUL
HEAD START AGENCY, INC.
GRANTEE 0-5

Established 1994

THE NSP MISSION

Working together to empower children and families by providing comprehensive services (health, nutrition, social service, mental health, disabilities, education, transition and parent involvement) that help to ensure a better future.

OUR VISION

Striving for excellence in providing early child development services for children & families.

OUR CORE VALUES

- Quality - Strives to consistently provide the highest level of service to children and families.
- Inclusion – Each child and adult is treated as an individual and a sense of belonging is reinforced.
- Learning – A creative and developmentally appropriate environment is provided. Enhanced awareness and refined skill and understanding is valued and promoted.
- Wellness – A comprehensive vision of health for children, families, and staff that assures that basic health needs are met.

TABLE OF CONTENTS

Mission, Vision, Core Values	2
Director's Letter	4
Farewell Dr. Singleton	5
Head Start by the Numbers	6
Mental Health, Health, and Dental Outcomes	7
Family Services	8
Familes in Action	9–10
Child Outcomes	11
Demographic Profile	12
Eligibility by the Numbers	13
Financial Updates	14

Launching into a Brighter Future

As we reflect on the past year, we realize we had a very busy year. We began the year preparing to write a grant for the competitive Designation Renewal Application, which was due in January of 2019. The competitive application was released by the Office of Head Start for the entire City of Detroit and combined the service areas offered by other grantees in the City. This gave us the opportunity to submit a grant to serve additional children throughout northwest Detroit. We were excited to learn in May that we were fully funded for another five-year period and the expansion we requested was granted!

Soon after submitting the grant application, we received notification that we would receive a Focus Area One monitoring review by the Office of Head Start. This review looks at the management systems of the Head Start/Early Head Start program. The review was held from May 6 – May 10, 2019. We received our report in July 2019 and the Office of Head Start found that we were able to successfully describe progress toward implementing program services that promote quality outcomes for children and families. Three areas were also highlighted:

1. Our seven-year collaboration with the National Kidney Foundation to implement the Regie's Rainbow Adventure curriculum

2. Our collaboration with the Detroit Public Television station to implement the Ready to Learn Initiative and the PBC Education Camp.

3. Our collaborations with Wayne County Community College District to assist parents with their G.E.D. preparation.

Our staff, parents, and Board members represented the organization extremely well in this effort.

Our program year ended in a bittersweet fashion. In July, our long-time Executive Director, Dr. Willie Singleton, retired from the organization. Please see the section of this annual report where we honor her accomplishments.

As the Chairman of the Board, I led the recruitment efforts for a new Executive Director. We interviewed several candidates for the position. In August, the Board and Policy Council announced the appointment of Mrs. Cheryl McFall as the new Executive Director of the organization. Mrs. McFall has more than 30 years of experience working with our population. She began her career as a preschool teacher and joined New St. Paul as an Assistant Teacher in our preschool programs in 1994. She has held several positions within the organization: Assistant Teacher, Teacher, Center Administrator, Assistant Education Coordinator, and Deputy Executive Director. Mrs. McFall is a certified High/Scope Trainer-of-Trainers, which requires a rigorous training and selection process. Through the support of NSP, she was able to obtain her CDA, Associate, Bachelors, and Master's degrees in early childhood education. We are very excited to have her as our new Executive Director.

As we launch the new program year, we are continuing to look towards a brighter future for the organization.

Mrs. Cheryl McFall
Executive Director

Mr. Pitt
Chairman, Board of Directors

With much gratitude,

we bid Farewell to Dr. Willie Singleton

Willie Singleton, PhD, RD, worked in HS/EHS for more than 32 years. She began as a Health Coordinator for New Calvary Head Start in Detroit and joined New St. Paul in 1994 as the Assistant HS Director. In 2004, Dr. Singleton was promoted to Executive Director after the long-time Director, Mrs. Betty Carter, retired.

Under Dr. Singleton's leadership, New St. Paul had many accomplishments:

- Created and maintained a comprehensive retirement plan for all employees and their families.
- Successfully submitted a Head Start/Early Head Start grant to become one of five grantees in the Detroit area.
- Implemented one of the first full-day options throughout the City to ensure children had access to full-day care that prepared them for kindergarten.
- Planted gardens at every center so children could watch fruits and vegetables grow and have access to fresh food to share with their families.
- Grew the agency by applying for new competitive opportunities and now serves nearly 800 infants, toddlers, and pregnant women on a daily basis.

In addition to her responsibilities at New St. Paul, Dr. Singleton is an adjunct professor at Wayne County Community College and Marygrove College. Dr. Singleton holds a doctoral degree in health services administration from Walden University.

A SMALL POEM

"Doing special favors
In a dozen different ways
Looking out for others
With no thought
Of thanks or praise
Treating workers like a family,
Setting good examples, too
These things make a wonderful boss
And they all apply to you!"

Head Start by the Numbers

ENROLLMENT INFORMATION

Total Funded Enrollment: 745

Early Head Start = 190

Head Start = 555

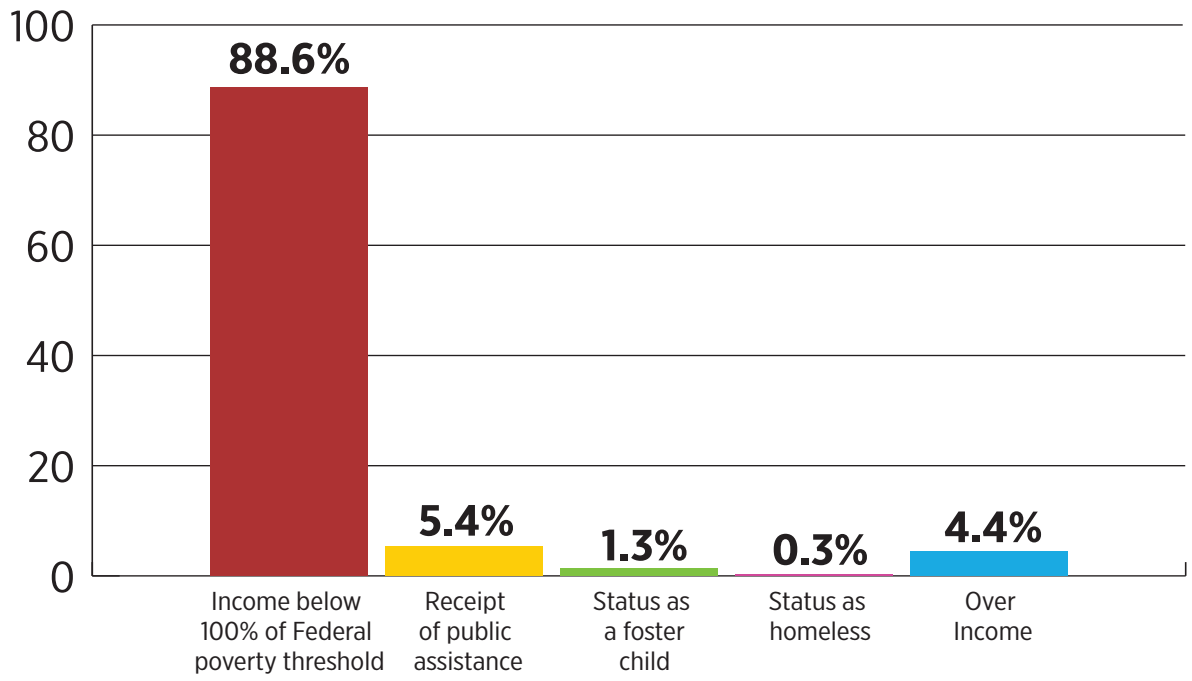
Total cumulative enrollment: 949

100% enrollment maintained throughout the Program Term.

11% or 81 children with disabilities were served by the program.

Program Option	Grant 1		Grant 2		
	EHS	HS	EHS	HS	TOTALS
Pregnant	20	-	10	-	30
Center-Based	88	448	56	90	682
Child Care Partners	4	17	12	-	33
Totals	112	465	78	90	745

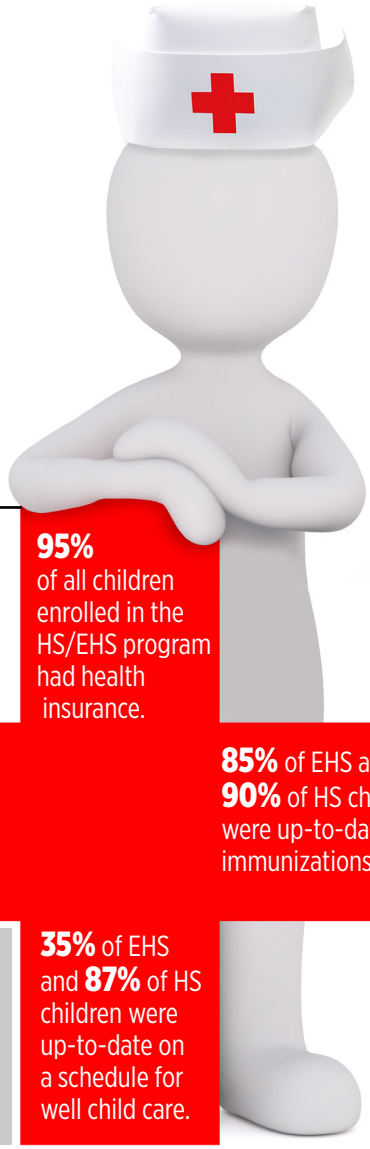
The majority of families enrolled in the program are living at or below the federal poverty line.



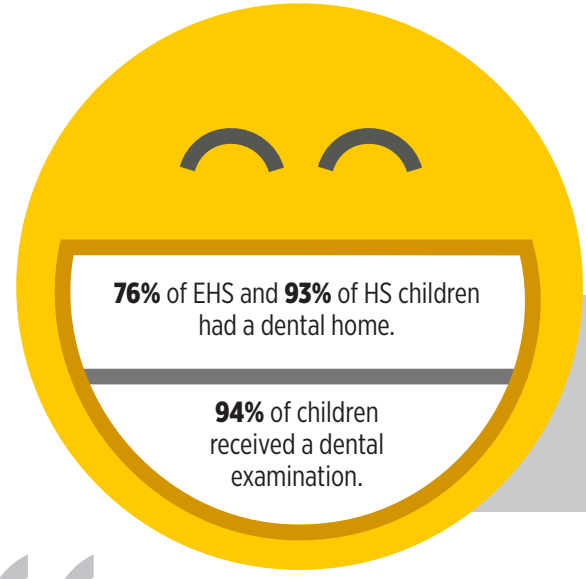
Mental Health and Health Services are Key to School Readiness at New St. Paul

MENTAL HEALTH OUTCOMES

- 65 hours per month are dedicated to mental health services by a mental health professional.
- 26 mental health services for behavioral/mental health.
- 26 children were referred for mental health services outside of the program.



HEALTH/DENTAL OUTCOMES



76% of EHS and **93%** of HS children had a dental home.

94% of children received a dental examination.

41% of EHS and **17%** of HS children were diagnosed with a chronic health condition;

94% of EHS and **83%** of HS children received treatment.

95% of all children enrolled in the HS/EHS program had health insurance.

91% of all HS/EHS children had a medical home.

85% of EHS and **90%** of HS children were up-to-date on immunizations.

35% of EHS and **87%** of HS children were up-to-date on a schedule for well child care.

"Last program year, we enrolled my niece at the New St. Paul Head Start Citadel location, who began to have behavior challenges in the classroom. Therefore, I started to volunteer on a daily basis to assist teachers' in the classroom. The Disabilities/Mental team began sharing strategies to assist my niece as well as information on referrals to a mental health consultant. I took advantage of the services I was offered and have seen an enormous change in her behavior. The Mental Health consultant was a great help with providing strategies to use at home and the teachers in the classroom. We were also referred to The Children's Center, which provided a therapist to address my niece's behavior.

New St. Paul also informed me that my niece's lead level results were in the abnormal range, which was one of the contributing factors to her behavior. I was provided with lead resource materials and referrals to relocate to a lead-free home.

I am so happy that teachers took the time to work with my niece and help her express her feelings. She is now participating in large and small group activities and getting along better with her peers. The entire process was a team approach. I am thankful to New St. Paul for all of the work and care they showed my niece and our family."

— Christina Coleman

Addressing Parent/Family Well-being and Families as Lifelong Learners

HIGHLIGHT

- **409 families participated in ReadyRosie in the first year!**
- **7,272 ReadyRosie videos were watched by New St. Paul families**

ReadyRosie is a research-based parenting curriculum that addresses the social-emotional needs of families. It uses email and texting technology to deliver daily modeling videos to parents, caregivers, and administrators in English and Spanish. This curriculum allows 100% of all NSP's parents enrolled in the program the opportunity to participate, with the intent of increasing their parenting and problem-solving skills.

Ready Rosie

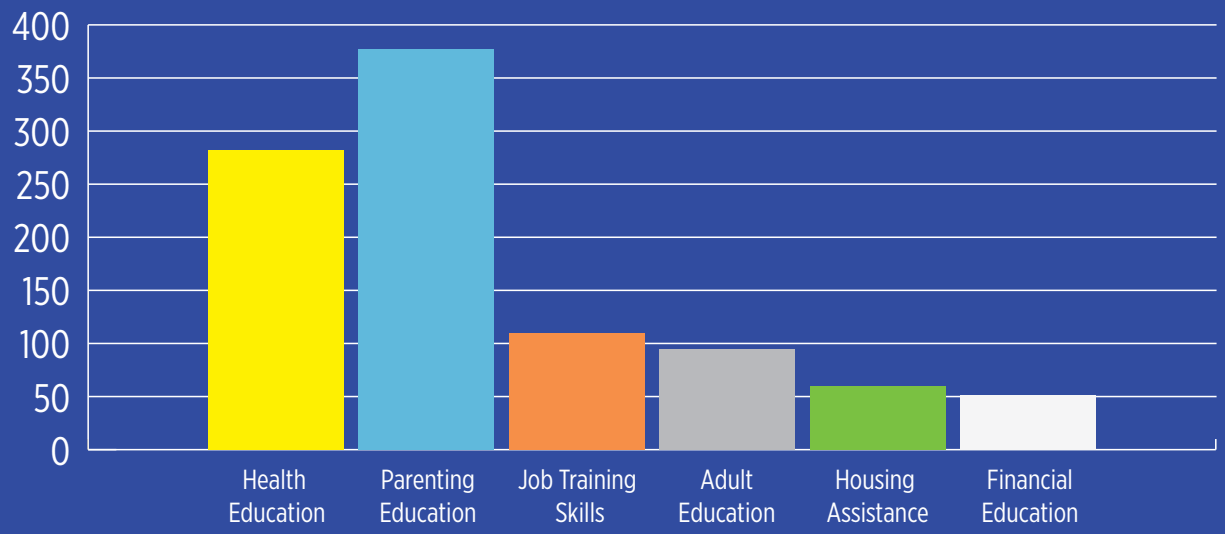
Family Services

New St. Paul established a foundation of trust with families, starting from a parent's initial interactions with the program. All services to families support overall family well-being, build strong parent-child relationships, and provide opportunities for families to be engaged in all aspects of their child's learning and health experiences.

The Majority of Families are Single-Parent Mothers

- **737 Single-Parent Family**
- **295 Two-Parent Family**

NSP Provided the Following Services to Families



Families in Action

Positive Parent—Child Relationship

"Five years ago, we enrolled our first daughter into New St. Paul Head Start. She started at NSP at four years old; she is now eight years old and will be entering the third grade. We have a six year old daughter that started at NSP when she was two years old. She will be entering first grade this year. We have a four year old daughter that will be entering Kindergarten this fall. She started at NSP when she was just nine months old. All of our girls went from NSP Head Start to Foreign Language Immersion Cultural School. To attend that school students have to be tested and score at least a 90%. We have NSP to thank for all of them to attend there.

Our youngest daughter is two and a half years old and started NSP at just five months old. I had issues breastfeeding her which lead to low weight gain. I was able to work closely with the dietitian at New St. Paul WIC office to help me with a feeding schedule. After she transitioned from breast milk to whole milk it started to upset her stomach. The chef and dietitian at NSP helped me to find substitute milk with the same benefit of whole milk. I noticed that this same daughter started talking late and was able to get services for her speech.

While attending NSP Head Start our family has benefited from so many different programs and opportunities.

Workshops such as financial, home buyers and parenting have been available for families. My whole family has been ice skating for the first time and it was free with food included. Family dinner nights, groceries giveaways, and job opportunities all thanks to NSP. I have had the pleasure of serving as chair, vice chair and secretary of the parent committee and as the recording secretary of the NSP Policy Council. After seven years of not working because we couldn't afford daycare with just my husband's income, I have been able to work for two full years. We are truly thankful and grateful in many ways to proudly say that our daughters attended New St. Paul Head Start.

— Proud Parent of four Head Start babies: Jennifer Walker

"When my kids first came to New St Paul Head Start, I thought my experience would be like the others kids I have. I was never really involved and wasn't even asked to do anything but make sure they were on time and brought extra clothes. This time I was more hands on and decided to volunteer at the school. Reading and helping the kids was nice but then I was asked to be parent committee. I didn't know the seriousness and the power that parents really do have on their child education. After becoming the Chairman of my school, I went to a Policy Council Meeting. It was at this time I realized that we as parents have a voice and vote. The more involved I got, the more I knew parents could make a difference. Being involved has helped me understand that it's a process in the way procedures are made. Decisions aren't just made by the School but with parents as well. This experience has taught me to be mindful of things going on and helped me understand what goes on behind the scene. New St Paul has helped me get involved by letting me know that every in-kind hour counts, all Ready Rosie videos matters and parent are important."

— Terri Vann, Vice-Policy Chair

Families in Action

Fatherhood Support Group

In program year 2018-19, New St. Paul created a fatherhood support group for all father figures in the program. The support group covered topics such as understanding child development, child support, health, employment, and parenting. ***A total of 133 Dads participated!***

> **What the kids learn is going to stick with them for life.** — *Tyrone*

"My fiancé and I enrolled Tyanna in Head Start two years ago. We went to the New St. Paul Head Start's Metropolitan location because it is close to home. We liked it right away — the teachers are friendly, and they have a good relationship with the children. They have good communication with the parents too. They're so friendly that you want to come in and spend some time in the classroom. So, I started volunteering. I help around the class, do different things. They might need somebody to help with breakfast or an activity. I have learned ways to approach different problems or personalities in the classroom. It is flexible, and I can volunteer whenever I have time. The teachers gave me the Father of the Year award for helping out so much. My daughter Tyanna learned a lot. She really bonded with her teachers. She learned everyday things like colors and shapes and how to be courteous. They taught her safety issues, too, like what to do if a stranger approaches you or if you see a gun. What the kids learn in Head Start is going to stick with them for life. They learn how to interact with other children and how to communicate. Tyanna is ready to start kindergarten, and she has an advantage."

Child Outcomes

In the 2018-19 program year children at New St. Paul showed developmental progress in social-emotional, physical, literacy, language, cognition and math knowledge and skills. Teaching staff record developmental levels in the Fall when children enter the program to establish a baseline; in the Winter to obtain the first measure of developmental progress, and in the Spring to measure overall progress. Outcomes indicate that all children, including children with developmental delays, made progress and that many children met developmental expectations.

New St. Paul utilizes the Child Observation Record (or COR) as its reliable and valid assessment tool. The Preschool COR is used to assess children from the ages of 2½ to 6 years, while the Infant-Toddler COR is for programs serving children between the ages of 6 weeks and 3 years. The Infant-Toddler COR assessment tool has been aligned with the preschool assessment tool to ensure consistency and compatibility of goals as children transition from the infant and toddler classrooms to the preschool classrooms.

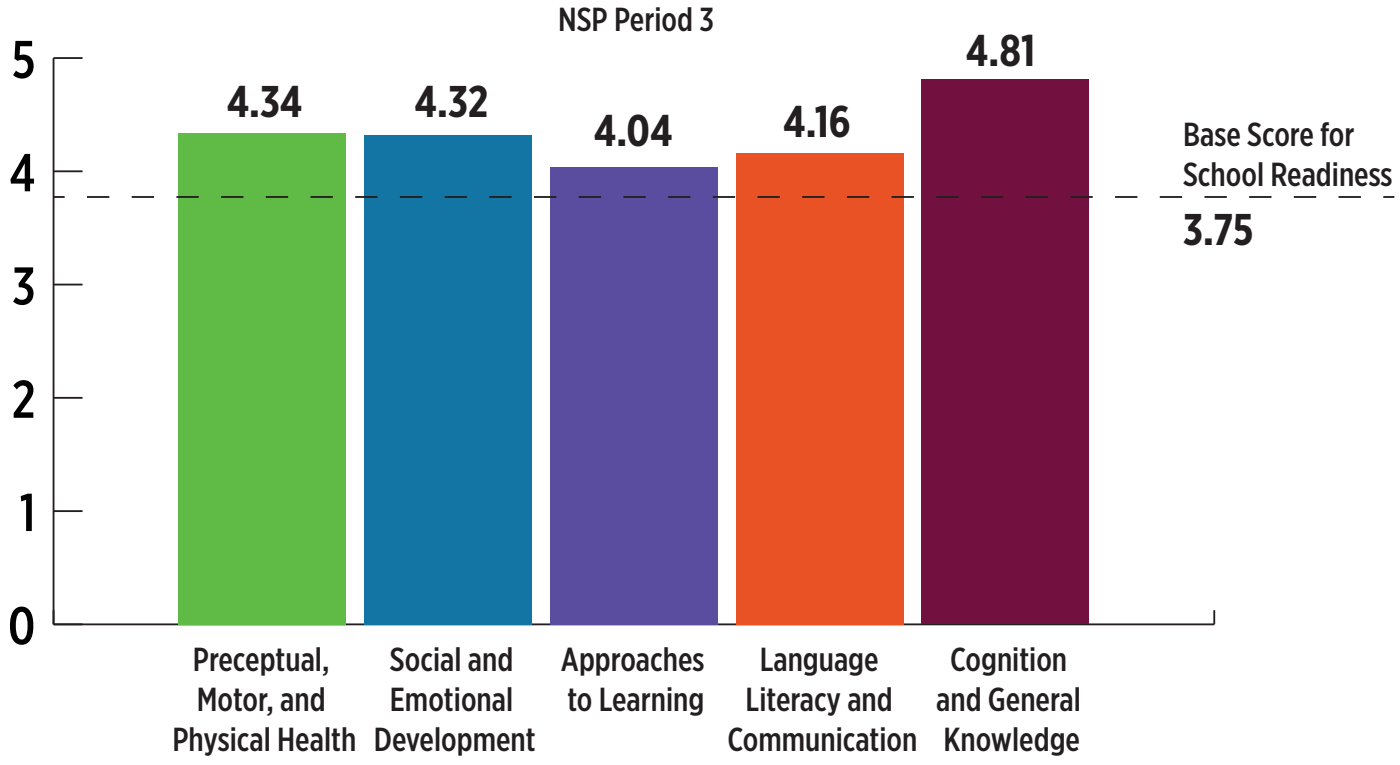
SCHOOL READINESS SUCCESS STORY

NSP HS teachers had the opportunity to be interviewed and featured in videos produced by PBS, topics included:

- Adults should be on the same physical level as children
- Adults ask children open ended questions to encourage higher level thinking
- The importance of teaching young children self-regulation instead of trying to regulate them
- How to incorporate reading in everyday routines

NSP EHS teachers and children are featured in High Scope training videos, High Scope publications such as resource books, website ads.

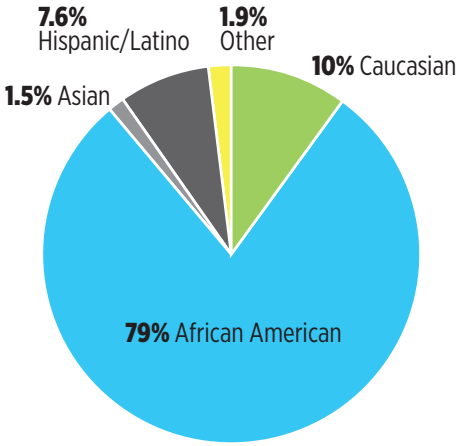
NSP Children Exceed the Base Score for School Readiness According to COR Data



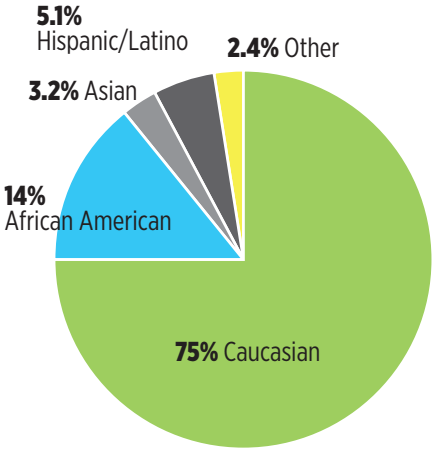
Demographic Profile

All demographic data are derived from the 2017 American Community Survey, unless otherwise noted.

DETROIT



MICHIGAN



Detroit is the largest city in Michigan. In 2015, the city had a population of 677,116, more than a 60% reduction from a peak population of over 1.8 million in 1950 (2010 US Census). While the state of Michigan is predominantly White, nearly 8 in 10 residents in Detroit are African American with a growing number of Hispanic/Latinos; over a fifth of residents have less than a high school diploma. A third of the city's population lives in poverty (37.9%), more than double the rate of the state's poverty rate of 14.2%. Detroit has the highest child poverty in the United States. Children in Detroit experience poverty at greater rates than children within the state; 1 in 2 children under 6 (or 59.8%) are affected by poverty, "a rate that has grown by 10% since the onset of the Great Recession in 2007" (source: National Center for Children in Poverty). While the unemployment rate for the city has decreased to 8.5%, it remains higher than the state and the country.

Characteristics

	Detroit	Michigan
Percent in Poverty, Past 12 months, 2017 Estimate	37.9%	14.2%
Child Poverty Rate, Past 12 months, 2017 Estimate	57.6%	22.4%
Foreign-Born	5.8%	6.6%
Language Other than English Spoken at Home	10.8%	9.4%
Number of Children Under 5	7.3%	5.8%
Single-Parent Female Headed Households with Children	28.0%	7.2%
Recipients of SNAP (food stamps)	42.8%	48.6%
Unemployment Status, December 2017	8.5%	4.7%
Less than High School Education	6.1%	9.9%
High school graduate	79.7%	62.0%
Bachelor's degree or higher	14.2%	28.1%

48219 **48235** **48221**

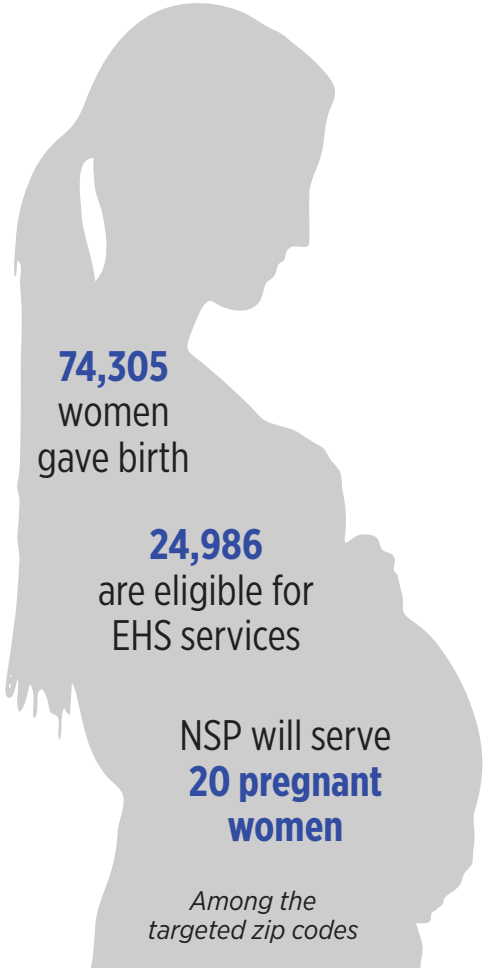
48223 **48227** **48238**

48239 **48228** **48204**

New St. Paul Head Start Agency provides services across nine zip codes in the Northwest and West areas of Detroit.

Total Population *2017 Estimate*

Detroit	Michigan
673,104	9,962,311



Estimated Number of Pregnant Women

Pregnancy is an important time in a woman's life "when optimal health will not only impact the mother's future health but also that of her baby throughout its life" (source: Health Indicators for Women, LA Dept. of Public Health, 2017).

Among the targeted zip codes, 74,305 women gave birth in the last 12 months (source: U.S. Census, American Fact Finder, 2017 Estimates). Of these women, 24,986 are eligible for EHS services. NSP will serve 20 pregnant women and provide weekly home visits, as well as provide pregnant mothers with resources in the community.

Estimated Number of Eligible Infants and Toddlers

A total of 5,137 children under the age of three were eligible for EHS services, based on the poverty rate for each zip code.

Numbers of Eligible Infants and Toddlers — 2017 Estimates

Zip Code	< 5 years old	< 3 years old	Poverty Rate	Total Eligibles
Detroit	49,879	29,771	37.9%	11,283
48204	1,897	1,183	40.5%	479
48219	3,245	2,025	34.3%	695
48221	2,011	1,112	24.1%	268
48223	1,693	1,146	31.8%	364
48227	3,460	1,890	34.7%	655
48228	5,053	3,075	43.7%	1,344
48235	2,854	1,760	34.0%	598
48238	1,995	1,127	43.6%	492
48239	2,409	1,321	18.3%	242
Total	24,617	14,639		**5,137**

Estimated Number of Eligible Preschool Children

A total of 3,456 children between the ages of three and four were eligible for HS services. NSP intends to provide services to 469 eligible preschool-age children.

Numbers of Eligible Preschool Children — 2017 Estimates

Zip Code	< 5 years old	3-4 years old	Poverty Rate	Total Eligibles
Detroit	49,879	20,091	37.9%	7,614
48204	1,897	714	40.5%	289
48219	3,245	1,220	34.3%	418
48221	2,011	899	24.1%	216
48223	1,693	547	31.8%	174
48227	3,460	1,570	34.7%	544
48228	5,053	1,978	43.7%	865
48235	2,854	1,094	34.0%	372
48238	1,995	868	43.6%	379
48239	2,409	1,088	18.3%	200
Total	24,617	9,978		**3,456**

Financial Updates

REVENUES	TOTAL
Head Start / Early Head Start Programs	$10,435,400
Child and Adult Care Food Program	$461,903
Great Start Readiness Program	$159,512
Child Care Partnership	$1,025,636
Community Foundation Innovation	$289,722
Public Support - InKInd	$508,932
Interest and Other Income	$1,732
Total Revenue	**$12,882,837**

EXPENSES	HEAD START	EARLY HEAD START	OTHER PROGRAMS	TOTAL
Salaries and Wages	$3,529,873	$1,204,720	$604,897	$5,339,490
Taxes and Fringe Benefits	1,133,886	354,870	150,590	1,639,346
Supplies	364,600	338,934	154,672	858,206
Occupancy	800,778	871,924	96,313	1,769,015
Parent Component	34,457	12,145	10,270	56,872
Staff Travel	24,783	8,402	18,844	52,029
Food			326,542	326,542
Other	226,998	56,589	151,299	434,886
Training and TA	29,666	10,334	156,522	196,522
Prof. Services	720,058	470,106	759,854	1,950,018
Maintenance/ Repairs	84,287	73,803	15,902	173,992
Total Expenses	**$6,949,386**	**$3,401,827**	**$2,445,705**	**$12,796,918**
Expenses Capitalized under GAAP	37,098	47,089	-	84,187
Expenses as per SEFA	**$6,986,484**	**$3,448,916**	**$2,445,705**	**$12,881,105**

Having fun at NEW ST. PAUL HEAD START AGENCY, INC.

NEW ST. PAUL HEAD START AGENCY
Administrative Office
15362 Southfield Drive • Detroit, Michigan 48223
Phone: (313) 835-4400 • Fax: (313) 835-4422

LOCATIONS

Bible Way 1
Head Start
16431 Plymouth
Detroit, MI 48227
(313) 659-0142

Bible Way 2
Early Head Start
16401 Plymouth
Detroit, MI 48227
(313) 272-2048

Citadel of Praise
Head Start
14595 Heyden
Detroit, MI 48223
(313) 533-3947

Corpus Christi
Early Head Start/Head Start
19900 Evergreen Rd
Detroit, MI 48219
(313) 326-4238

Greater Burnette
Early Head Start
16801 Schoolcraft
Detroit, MI 48227
(313) 273-6020

Greater Grace
Early Head Start/Head Start
23500 W Seven Mile Rd
Detroit, MI 48219
(313) 543-6000

Metropolitan
Head Start
13400 Schafer
Detroit, MI 48227
(313) 493-0279

New Westside Central
Early Head Start
19840 W. Chicago
Detroit, MI 48228
(313) 836-4330

St. John
Head Start
4950 Oakman Blvd
Detroit, MI 48204
(313) 933-3980

Summer Preschool
Early Learning
Early Head Start
3121 W. McNichols Rd.
Detroit, MI 48221
(313) 345-5111

Third New Hope
Head Start
12850 Plymouth
Detroit, MI 48227
(313) 931-1834